

**Pilates & PLT – Broadcast Channel Competition (Prize Draw)** The promoter of Prettylittlething.com is PrettyLittleThing.com Limited (company number: 07352417) of Wellington Mill, Pollard Street East, Ancoats, Manchester, M40 7FS ("**Promoter**").

## 1. Eligibility

- 1.1. This Prize Draw is open to **UK residents** who are aged 18 or over.
- 1.2. Employees of the Promoter or any associated company and their immediate family as well as sponsors of the Prize Draw and their employees and judges of the Prize Draw and their immediate family, or anyone else involved in the organisation of the Prize Draw, may not enter the Prize Draw. You must not enter this Prize Draw, if you won a prize draw administered by the Promoter in the last six months prior to the Prize Draw Period.
- 1.3. Entrants will require access to the internet to enter the Prize Draw.
- 1.4. Entrants must have an active, public personal social media account on the platform where the Prize Draw is being promoted (Instagram) and must comply with the terms and conditions of that platform.

## 2. How to enter

2.1. To enter the Prize Draw, Entrants must follow the steps in section 2.2.

2.2. The entrant must:

- Be a member of the @prettylittlething Instagram Broadcast Channel.
- React with any emoji to the competition post on the @prettylittlething Instagram Broadcast Channel.
- Follow @mindandmotion on Instagram

2.3. Entries must be submitted between **5:00pm BST on 01.09.25 and 12:00pm BST on 10.09.25**. ("**Prize Draw Period**") to be valid. The Promoter will announce the Winner on the @prettylittlething Instagram Broadcast Channel.

2.5. Entries received after the end of the Prize Draw Period will not be valid.

2.6. No third party or automated entries are permitted.

2.7. All entrants (including the winner) must comply with any reasonable directions given to them by the Promoter in connection with the Prize Draw. Failure to comply with such directions may result in an invalid Entry and/or withdrawal of the Prize.

2.8. Impersonating another account will be disqualified.

2.9. If the winning comment is deleted or the brands are unfollowed before the prize is awarded, the Winner will be disqualified

## 3. Winner selection and contact

3.1. The Promoter will select **1 winner** at random from entries within a reasonable time after the end of the Competition Period. The decision of the Promoter shall be final. The Promoter will announce the winners by naming them on the @prettylittlething Instagram Account.

3.2. As reasonably determined by the Promoter, no correspondence will be entered into in respect of any decision made in connection with the Prize Draw and the Promoter's decision is final.

3.3. At the end of the Competition Period, the Promoter will select a Winner at random from all eligible entries on Instagram. The Winner will be contacted via direct message on the platform they entered through and will be required to provide their name, email address, proof of age, and other relevant details as applicable (e.g., PLT account details to allocate credit)

3.4. If any Winner fails to provide their Details to the Promoter within 48 hours of being contacted via direct message on the platform they entered through, the Promoter may, at its absolute discretion:

3.5 Withdraw the Prize if the Winner deletes their winning comment, unfollows the brand, or otherwise fails to meet the entry requirements after being selected as a Winner. In such cases, the Promoter may, at its absolute discretion, offer the Prize to a new Winner selected in accordance with clause 3.3.

3.6. If the Prize is declined by a Winner or withdrawn by the Promoter under clause 3.5, the Promoter may, at its absolute discretion, offer the Prize to a new Winner selected in accordance with clause 3.3. The declining or forfeiting Winner will remain subject to these Terms and Conditions.

#### **4. Prize**

The Prize comprises of the following elements at clauses 4.1. ("Prize"):

4.1. The Prize:

- 5x reformer pilates classes at Mind & Motion studio for the winner and their 'bestie' (10x classes total).
- £300 PLT Credit to be added to the winner's PrettyLittleThing account\* to cover outfits for them and a 'bestie'

*\*The winner must have a registered PLT account to redeem the prize. The prize cannot be used towards delivery or any subscription services.*

**4.2. Additional Terms – Mind & Motion.** The Pilates classes element of the Prize is subject to the following conditions set by the Studio:

4.2.1. The prize is non-exchangeable, non-transferable, and no cash alternative will be offered.

4.2.2. Prize must be redeemed within 60 days of winner being announced.

4.2.3. Classes are subject to availability and Studio timetables.

4.2.4. The winner must be 18+ and complete a health questionnaire and waiver before attending.

4.2.5. The Studio reserves the right to refuse participation if it is deemed unsafe for the individual to take part.

4.2.6. Participation in Pilates classes and related activities is at the winner's own risk.

4.2.7. The Studio will not be responsible for any loss, injury, or damage suffered as a result of taking part, except where such liability cannot be excluded by law.

4.2.8. The Studio is not responsible for travel, accommodation, or any other costs associated with redeeming the prize.

4.2.9. If the winner does not redeem the prize within the stated validity period, the prize will be forfeited.

- 4.2.10. The Studio reserves the right to withdraw or amend the prize in the event of unforeseen circumstances outside its reasonable control.
- 4.2.11. By redeeming the prize, the winner agrees that their name, social media handle, and any photos taken at the Studio may be used for promotional purposes by the Studio, without additional compensation.
- 4.2.12. Personal data collected by the Studio will only be used to administer the prize and in accordance with its Privacy Policy.
- 4.2.13. These terms are governed by the laws of England & Wales.

4.3 This prize is not valid in conjunction with any other offers or promotions and is not refundable nor exchangeable in cash or any other services.

4.4. Entrants' data will be used solely for the administration of this Prize Draw, including winner verification and prize distribution. The Promoter will handle this data in accordance with its Privacy Policy. Events may occur that render the awarding of the Prize impossible due to reasons beyond the control of the Promoter. In such cases, the Promoter may, at its absolute discretion, vary or amend the promotion without liability.

4.5. The prize is non-transferable and non-refundable and the Winners cannot request any alternative prize.

## **5. Winner publicity**

5.1. The Promoter and Mind & Motion Studio reserve the right to publish each Winner's name and Entry on the Promoter's official social media accounts, including Instagram, TikTok, Facebook, X (formerly Twitter), LinkedIn, and on its website found at [www.prettylittlething.com](http://www.prettylittlething.com).

5.2. By entering the Prize Draw, if you are a Winner you agree to your Entry being published in accordance with clause 5.1 and to take part in and co-operate fully with all reasonable publicity accompanying or resulting from this Prize Draw without further recompense.

## **6. Entry requirements**

6.1. Any Entry that is deemed by the Promoter, in its sole discretion, to be unlawful, obscene, vulgar, pornographic, hateful, threatening, discriminatory, offensive or which may otherwise bring the Prize Draw or Promoter into disrepute will be excluded from the Prize Draw and the Promoter reserves the right to take any further action in respect of such Entry that it deems appropriate.

6.2. The Promoter will fully co-operate with any law enforcement authorities or court order requesting or directing the Promoter to disclose the identity of or to locate anyone posting or linking any content to its Twitter, Facebook, TikTok or Instagram pages which infringes any third party rights or is in breach of any of these Terms and Conditions or any applicable law.

6.3. All entries must fulfil every entry requirement stated in the competition caption, including following the specified accounts.

## **7. Use and display of Entries and copyright**

7.1. The copyright subsisting in the Entry must belong to the entrant. Entrants will retain copyright in the Entries they submit. Entrants must not have infringed the rights of any

other party or breached any laws when submitting their Entries. If an Entry contains reference to or images of a person, the consent of that person (or their parent or guardian if they are under 18) must have been obtained.

7.2. By submitting an Entry:

7.2.1. you licence and grant the Promoter, its affiliates and sub-licensees an exclusive, royalty free, perpetual, worldwide, irrevocable and sub-licensable right to use, reproduce, modify, adapt, publish and display such content for any purpose in any media including, but not limited to the Promoter's website, social media accounts, marketing materials, newsletters and promotional material without further compensation, restriction on use, attribution or liability;

7.2.2. you waive any moral rights or similar rights in respect of your entry to which you may be entitled (at the time of submission or in the future) under the Copyright, Designs and Patents Act 1988 as amended time to time or under any similar applicable laws in force from time to time in force anywhere in the world;

7.2.3. you acknowledge that third parties will have access to and will be able to republish your Entry in accordance with the terms of use of the social media platform through which your Entry is submitted.

## **8. Liability**

8.1. Except for death or personal injury caused by negligence of the Promoter or its agents or representatives or for fraud or fraudulent misrepresentation, neither the Promoter, nor its agents or representatives assume responsibility for:

8.1.1. any Prize that is not redeemed;

8.1.2. any personal property;

8.1.3. any loss of enjoyment or wasted expenditure;

8.1.4. any system failures or malfunctions of any third party websites;

8.1.5. any incomplete, lost, delayed or late Entries;

8.1.6. any failure to fulfil obligations of any third parties involved in this Prize Draw;

8.1.7. any fault, malfunction, damage, loss or disappointment suffered by the participants in the Prize Draw howsoever arising from participating in the Prize Draw;

8.1.8. communications line failure, regardless of cause, with regard to any equipment, systems, networks, lines, satellites, servers, computers or providers utilised in any aspect of this Prize Draw;

8.1.9. inaccessibility or unavailability of the internet, or any website (including without limitation any social media web sites) or any combination thereof through dial up, broadband, mobile internet or WAP connections;

8.1.10. any injury or damage to a participant which may be related to or arising from the Prize Draw or the Prize;

8.1.11. if for any reason the Prize Draw or any website in connection with the Prize Draw is not capable of running as planned for reasons which may include without limitation, infection by computer, virus, tampering, unauthorised intervention, fraud, technical failures or any other causes which may corrupt or affect the administration security, fairness, integrity or proper conduct of this promotion; and/or

8.1.12. any other matter outside of their reasonable control.

8.2. Nothing in these Terms and Conditions affects your statutory rights.

8.3 To the extent permitted by law, all conditions, warranties and other terms which might otherwise be implied by statute or common law are expressly excluded from these Terms and Conditions.

8.4. The Winners agree to indemnify and keep indemnified the Promoter, its group of companies and their officers, employees and agents from and against all liabilities, losses, damages and expenses (including legal and other professional fees) arising out of or in connection with any allegations or claims resulting directly or indirectly from:

8.4.1. their Entry into this Prize Draw; and/or

8.4.2. their receipt and use of any Prize.

## 9. General

9.1. The Promoter reserves the right to cancel or amend the Draw if it deems it to be ineligible or otherwise invalid and the Promoter shall have complete discretion in this respect.

9.2. By entering the Prize Draw you accept these Terms and Conditions as in force at the time you submit your Entry.

9.3. Any person who provides their Details to the Promoter in connection with this Prize Draw accepts:

9.3.1. these Terms and Conditions; and

9.3.2. that their personal data will be used by the Promoter in accordance with its Privacy Policy, available at [PrettyLittleThing Privacy Policy](#), including but not limited to:

9.3.2.1. the administration of the Prize Draw (including publishing the names of the Winners and any administration relating to the Prize); and

9.3.2.2. any other purpose for which they have provided consent.

9.4. Without prejudice to clause 6.1, the Promoter reserves the right to exclude any Entry from the Prize. To the extent permitted by law, all conditions, warranties and other terms which might otherwise be implied by statute or common law are expressly excluded from these Terms and Conditions.

9.5. No responsibility can be accepted for lost Entries or incomplete Entries. Proof of Entry is not proof of receipt.

9.6. If any provision of these Terms and Conditions (or part of any provision) is found by any court or other competent authority to be invalid, unenforceable or illegal, the other provisions shall remain in force.

9.7. If any invalid, unenforceable or illegal provision would be valid, enforceable and legal if some part of it were deleted, the provision shall apply with whatever modification is necessary to give effect to the commercial intention of the Promoter.

9.8. No failure or delay by a party to exercise any right or remedy provided under these Terms and Conditions or by law or any abandonment of any such right or remedy shall constitute a waiver of that or any other right or remedy, nor shall it preclude or restrict the further exercise of that or any other right or remedy.

9.9. No single or partial exercise of such right or remedy shall preclude or restrict the further exercise of that or any other right or remedy.

For the names of the Winners or for a copy of these Terms and Conditions please send a stamped addressed envelope together with your written request **Pilates & PLT – Broadcast Channel Competition (Prize Draw)** [Prettylittlething.com](http://Prettylittlething.com) Marketing, Wellington Mill, Pollard Street East, Ancoats, Manchester, M40 7FS.

9.10. The Prize Draw, these Terms and Conditions and any dispute or claim arising out of or in connection with them or their subject matter or formation (including non-contractual disputes or claims) shall be governed by and construed in accordance with the law of England and Wales. The courts of England and Wales shall have exclusive jurisdiction to settle any dispute or claim which may arise out of or in connection with the Prize Draw or these terms.

9.11. PrettyLittleThing reserves the right to amend or terminate the competition and prize details.